

SIZE GUIDE



HOW TO MEASURE

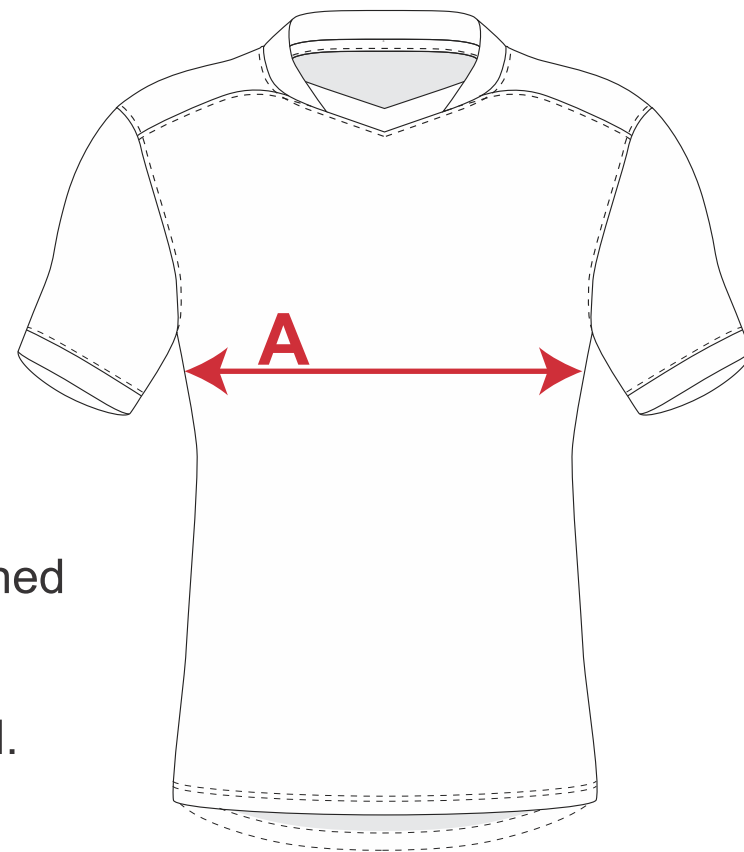
1. Lay your previous favourite garment flat on table.
2. Use a tape and measure down 4cm down under armpit.
3. Use a tape to measure across front chest as shown (A).

A = Half Chest is the most important measurement.

Determine the measurement in cms and compare against the provide chart for that garment.

Sizing changes with different garments as garments are designed to be worn differently.

eg, A measurement of 56cm across the front chest equals Med.



MENS

MEASUREMENT POINT	XS	S	M	L	XL	2XL	3XL	4XL
1/2 CHEST WIDTH	52.5	54.5	56.5	58.5	60.5	62.5	64.5	66.5
1/2 HEM	53	55	57	59	61	63	65	67
BACK BODY LENGTH	70.5	72.5	74.5	76.5	78.5	80.5	82.5	84.5

MENS

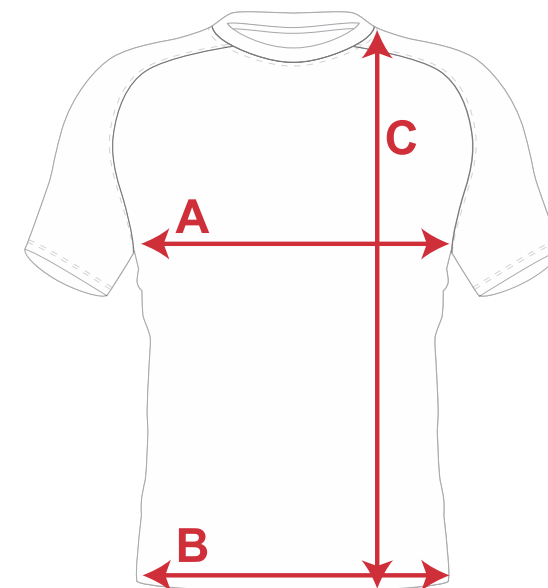
MEASUREMENT POINT	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
1/2 CHEST WIDTH	48.5	50.5	52.5	54.5	56.5	58.5	61.5	64	66.5	69
1/2 HEM	48.5	50.5	52.5	54.5	56.5	58.5	61.5	64	66.5	69
BACK BODY LENGTH	69	71	73	75	77	78	80	82	84	86

JUNIOR

MEASUREMENT POINT	4	6	8	10	12
1/2 CHEST WIDTH	37	39	41	43	45
1/2 HEM	35	37	39	41	43
BACK BODY LENGTH	44	46	50	54	58

WOMENS

MEASUREMENT POINT	W4	W6	W8	W10	W12	W14	W16	W18	W20	W22	W24
1/2 CHEST WIDTH	40	43	46	48	51	54	58	61	63	65	68
1/2 HEM	43	46	49	51	54	57	61	64.5	68	70	72
BACK BODY LENGTH	60	62	63	65	67	69	70	71	72	73	73
LONG - SLEEVE LENGTH - SET IN	59	60	61	62	63	64	65	66	67	67	67
LONG SLEEVE LENGTH - RAGLAN FROM - SHOULDER NECK POINT	70	71	72.5	74	75	77	78	80	81	81	81



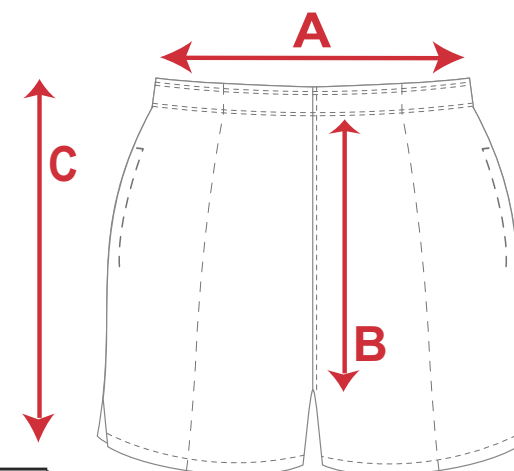
A - CHEST WIDTH
B - HEM WIDTH
C - BODY LENGTH

MENS

MEASUREMENT POINT	YXL / XS	S	M	L	XL	2XL	3XL	4XL	5XL
WAIST WIDTH	30	31	34	36	38	40	42	44	46
FRONT RISE	26	27	28	29	30	31	32	33	34
BOTTOM LENGTH	42	43	45	46.5	48	49.5	51	53	55
LEG OPENING	24.5	25.5	26.5	27.5	29	30.5	32	34	36

JUNIOR

MEASUREMENT POINT	4Y SB	6Y MB	8Y LB	10Y 3XS	YL 2XS
WAIST WIDTH - RELAXED	22	25	27.5	30	32
FRONT RISE INC BAND	21	22	23	24	25
BOTTOM LENGTH	29	32	35	38	40
LEG OPENING	16	16	19.5	21.5	23.5

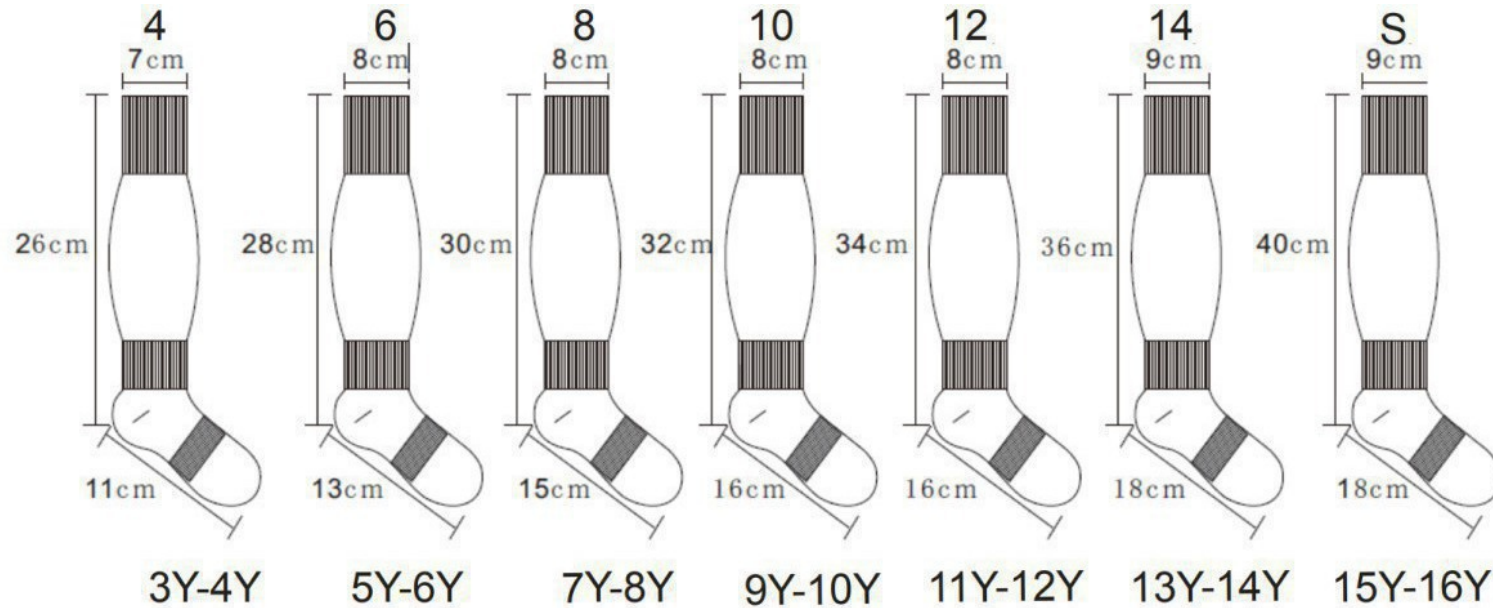
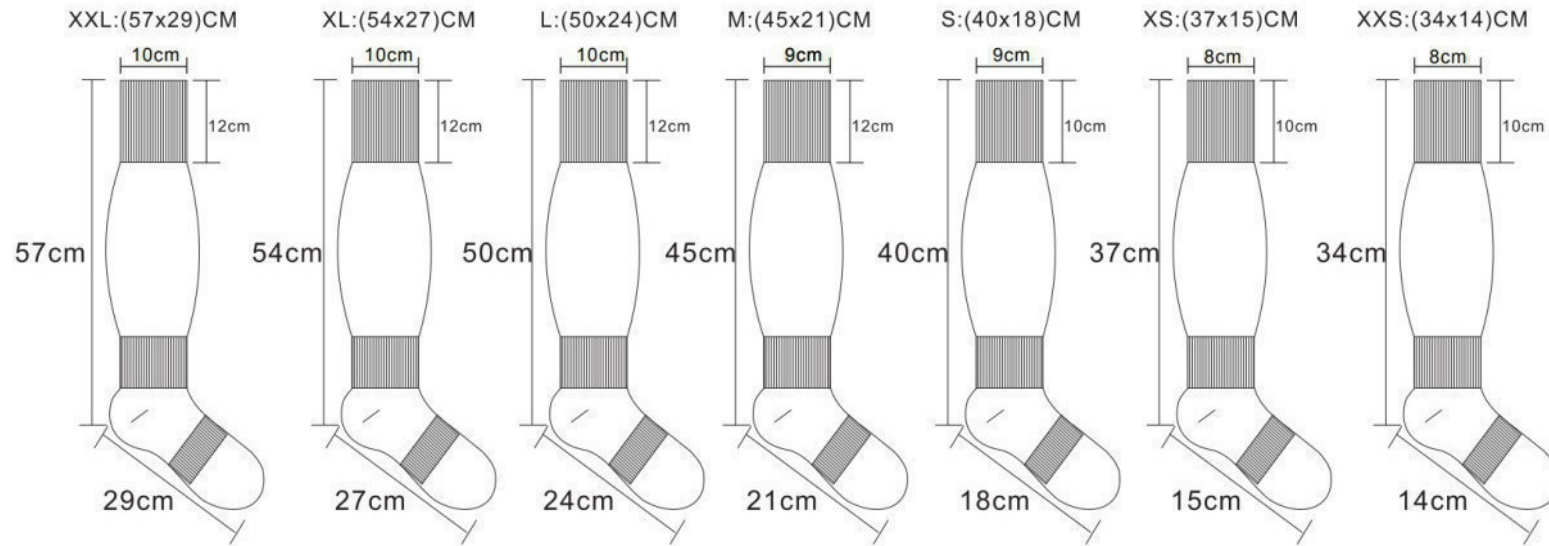


WOMENS

MEASUREMENT POINT	W8	W10	W12	W14	W16	W18	W20	W22	W24	W26
1/2 WAIST WIDTH	32.5	35	37.5	40	42.5	45	47.5	50	52.5	52.5
FRONT RISE INCLUDING HEM	25	26	27	28	29	30	31	33	34	35
LENGTH INCLUDING HEM	37	37.5	38	39	39.5	40	40.5	41	41.5	42
LEG OPENING	30	31	32	33	34	36	38	38.5	39	40

BACKRISE 12CM LONGER ON ALL SIZING

A - WAIST WIDTH
B - FRONT RISE



MENS

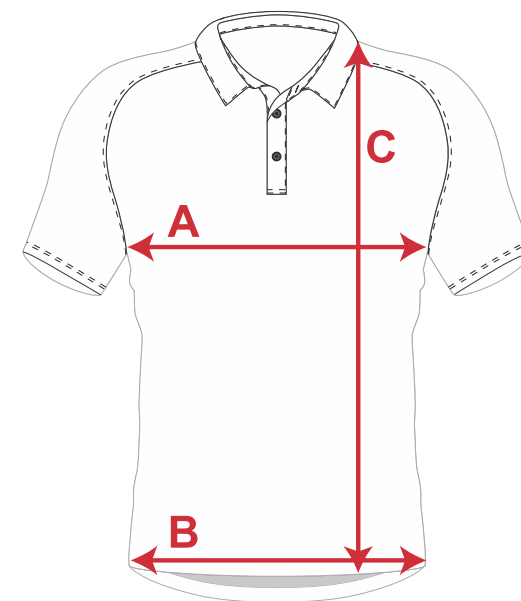
MEASUREMENT POINT	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
1/2 CHEST WIDTH	51	54	56	58	60	62	64	66	68	70
1/2 HEM	51	54	56	58	60	62	64	66	68	70
BACK BODY LENGTH	68	71	72.5	74.5	76	78	80	82	84	86.5

JUNIOR

MEASUREMENT POINT	4	6	8	10	12
1/2 CHEST WIDTH	37	39	41	43	45
1/2 HEM	35	37	39	41	43
BACK BODY LENGTH	44	46	50	54	58

WOMENS

MEASUREMENT POINT	W4	W6	W8	W10	W12	W14	W16	W18	W20	W22	W24
1/2 CHEST WIDTH	40	43	46	48	51	54	58	61	65	68	70
1/2 HEM	43	46	49	51	54	57	61	64.5	68	70	72
BACK BODY LENGTH	60	62	63	65	68	70	72	74	76	78	80



A - CHEST WIDTH
B - HEM WIDTH
C - BODY LENGTH

MENS

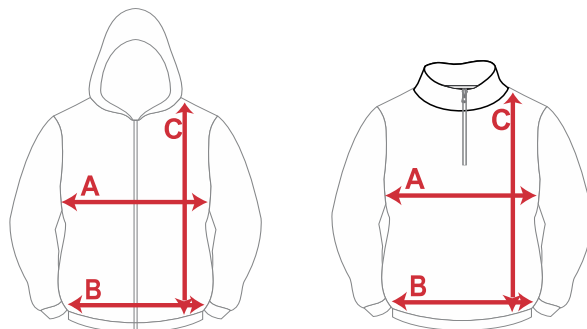
MEASUREMENT POINT	XS	S	M	L	XL	2XL	3XL	4XL
1/2 CHEST WIDTH	54	56	58	60	62	64	66	68
1/2 HEM	48	50	54	58	62	62	64	66
BACK BODY LENGTH INCLUDING THE WAISTBAND	66	70	72	74	76	78	80	82

JUNIOR

MEASUREMENT POINT	K4	K6	K8	K10	K12	K14
1/2 CHEST WIDTH	37	40	43	46	49	52
1/2 HEM	35	38	41	44	46	46
BACK BODY LENGTH INCLUDES WAISTBAND	48	50	53.5	56	59	62

WOMENS Spec #9 & 12

MEASUREMENT POINT	W8	W10	W12	W14	W16	W18	W20	W22	W24
1/2 CHEST WIDTH	46	48	51	54	58	61	65	68	70
1/2 HEM	45	46	49	53	57	60	65	68	70
BACK BODY LENGTH INCLUDES WAISTBAND	61	63	65	68	70	72	74	76	78



A - CHEST WIDTH
B - HEM WIDTH
C - BODY LENGTH

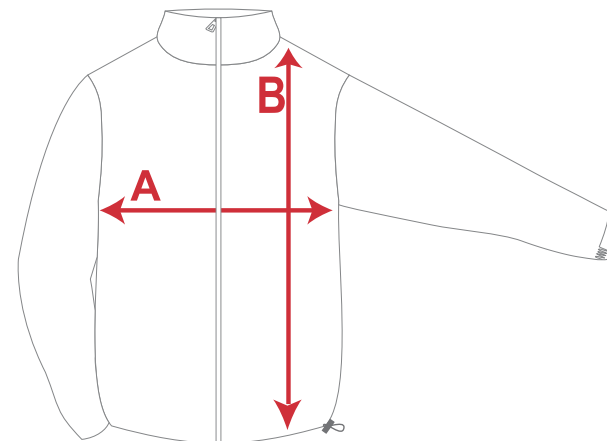
SIZES ARE LISTED IN CM

MENS

MEASUREMENT POINT	XXS	XS	S	M	L	XL	2XL	3XL	4XL
1/2 CHEST WIDTH	55	57	60	62.5	65	67.5	70	72.5	75
1/2 HEM	55	57	60	62.5	65	67.5	70	72.5	75
BACK BODY LENGTH INCLUDING THE WAISTBAND	71	73	75	77	79	81	83	85	87

JUNIOR

MEASUREMENT POINT	K4	K6	K8	K10	K12	K14	K16
1/2 CHEST WIDTH	37	40	43	46	49	52	55
1/2 HEM	37	40	43	46	49	52	55
BACK BODY LENGTH INCLUDES WAISTBAND	53	53	55	57	59	63	63



A - CHEST WIDTH
B - BODY LENGTH

MENS

BACKRISE 12CM LONGER ON ALL SIZING

MEASUREMENT POINT	XS	S	M	L	XL	2XL	3XL
WAIST 1/2	34	35	37.5	40	42	45	47.5
LENGTH INCLUDING WAISTBAND	95	98	100	103	105	108	110
HIP 1/2	47	49	51	53	55	57	59
BOTTOM LEG OPENING 1/2	14	14.5	15	15.5	16	17	17.5
FRONT RISE INCLUDING WAISTBAND	27	28	29	30	31	32	33

JUNIOR

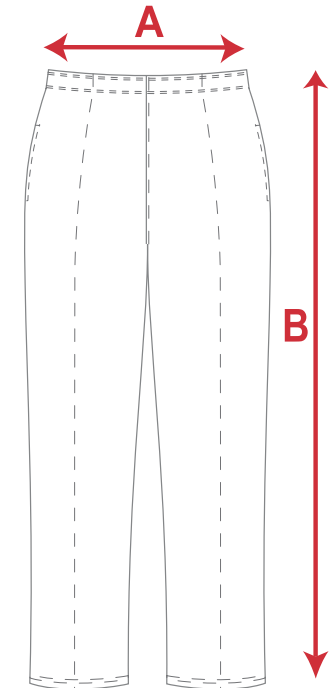
BACKRISE 12CM LONGER ON ALL SIZING

MEASUREMENT POINT	6	8	10	12	14
WAIST 1/2	25	27.5	30	32.5	33
LENGTH INCLUDING WAISTBAND	80	83	85	88	90
HIP 1/2	37.5	39.5	41.5	43.5	45.5
BOTTOM LEG OPENING 1/2	10	11	12	13	14
FRONT RISE INCLUDING WAISTBAND	22	23	24	25	26

WOMENS

BACKRISE 12CM LONGER ON ALL SIZING

MEASUREMENT POINT	W8	W10	W12	W14	W16	W18	W20	W22
WAIST 1/2	31	34	38	42	46	49	52	55
LENGTH INCLUDING WAISTBAND	94.5	95	96	97	100	102	104	106
HIP 1/2	46	49.5	53	56	59	61	63.5	65.5
BOTTOM LEG OPENING 1/2	10.5	11	12.5	13	14	12	13	14
FRONT RISE INCLUDING WAISTBAND	24	25	27	28	30	32	35	38



A - WAIST WIDTH
B - BODY LENGTH